July 20, 2013

Dear Swimmers, Families and Friends.

Welcome to the 2013 Junipero Serra Swim League (JSSL) Championship Meet. We are thrilled to be back at Stanford’s Avery Aquatics Center and excited that our kids will have another opportunity to compete at this world-class facility.

Running this Meet requires more than 300 volunteers and countless hours of work from our swim families. From the more visible jobs (such as timers and judges and clerk-of-course workers) to the “behind-the-scenes” positions (including program production, course set-up), everyone plays a valuable role in supporting Champs. We sincerely thank all our families for their commitment to making Champs a tremendous experience for our kids.

We would like to send our special thanks to the JSSL Board, Shannon Newton, Timothy Edmonds, Jeffrey Knetter, Lisa Anderson, Kelly Walsh, and Rolf Lund. Together with the Board, we have been planning the Champs Meet since January and they have encouraged us every step of the way. We would also like to thank Rebecca Carpenter, Manager of the Avery Aquatics Center, for her help, and Franz Mortensen and Sergey Marinuk of FastLane Tek for their expertise with the crucial data services. We appreciate the professional services Stanford and FastLane Tek have given us over the years and we hope to continue working with them. Our thanks also go to Joyce Ray and Annette Cable from Saratoga Woods, who did a fantastic job of running Champs in 2012 and provided both their guidance and knowledge.

Today we are sure to witness some very exciting races and perhaps some new records. We hope all our swimmers have a great time, swim their best and have fun. To our graduating seniors: Happy trails to you.

Sincerely,

Your 2013 JSSL Champs Host Team from Cupertino Hills: Minae Lee, Kay La Plain, Trelawney Pereira, Mark Hamilton, Margaret Sommers, and LeeAnn Constant
Meet Mobile!

Our meet results can be accessed on the Meet Mobile app. During the meets, you can track how the swim meet is going and how your swimmers are doing. Here’s how:
- Download the free app Meet Mobile from iTunes or Android store; here is a link http://www.active.com/mobile/meet-mobile
- Search for JSSL Championships and you will find our meet.

Note: We can’t guarantee your ability to access this app, but since we were able to get it working in the past, we thought we’d let you know about it and you can give it a try.

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**JSSL Schedule of Events and Unofficial Record Sheet**

Enter your child’s heat/zone number and time in the boxes next to their event.

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**Event Sponsors**

The Borch Family
* Brookside Waves
  * Event 20 Girls 11-12 50 Yard Backstroke
  * Event 47 Boys 15-18 100 Yard Freestyle

The Ghoshghai Family
* Brookside Waves
  * Event 15 Boys 7-8 25 Yard Backstroke
  * Event 20 Girls 11-12 50 Yard Backstroke
  * Event 32 Girls 11-12 50 Yard Breaststroke
  * Event 39 Boys 7-8 25 Yard Freestyle
  * Event 50 Mixed 7-8 100 Yard Medley Relay

The Hughes Family
* Cupertino Hills
  * Event 21 Boys 13-14 50 Yard Backstroke
  * Event 53 Mixed 13-14 200 Yard Medley Relay

The Short Family
* Brookside Waves
  * Event 28 Girls 7-8 25 Yard Breaststroke
  * Event 30 Girls 9-10 25 Yard Breaststroke
  * Event 32 Girls 11-12 50 Yard Breaststroke
Cathy Cantoni, Saratoga Woods.
Cathy started swimming at Saratoga Woods at the age of 5, and has been there every summer since. At Archbishop Mitty High School, she swam and played water polo all four years. This fall she is attending Santa Clara University, where she'll study Civil Engineering and play water polo for the Broncos.

Jenna Pyle, Saratoga Woods.
Jenna has swum for Saratoga Woods since she was 7, and for Mitty High School for four years. She loves the Saratoga Woods community and has a lot of great memories — from swim buddies, camps, junior guards and movie nights, to being a lifeguard and swim instructor. Jenna will be attending Santa Clara University in the fall, majoring in biology.

Congratulations Seniors!

We will miss you on the decks and wish you the best of luck next year!

2013 JSSL Championship Meet
20 July, 2013
Stanford University's Avery Aquatics Center

Safety Notice

Please remember that Avery Aquatics Center was built with collegiate sports in mind. With large numbers of active and inquisitive kids accompanied by involved parents, we need to keep the following in mind:

- Parents will not be allowed on deck once competition begins unless they are working in a volunteer job. It becomes too hard for the timers and officials to do their jobs and too hard for the swimmers to get to the blocks with parents trying to watch or assist their kids on deck. The fewer people on deck, the more smoothly the meet will run. Parents should discuss this with their younger swimmers so it's not a surprise. (Coaches may want to plan how to orient the younger swimmers to the pool area prior to the start of the meet.)

- Swimming under the bulkhead is strictly prohibited. There is no playing allowed in any of the other pools, the diving area, or with any of the training equipment. Children not following this critical rule can be barred from swimming in the meet.

- The railings on the spectator stands were not designed with small (or even medium sized) children in mind. No one should sit, hang, climb, lean over, etc. on the rails. The same warning applies to the walls and stairwells in the complex.

- Swimmers and their accompanying family members should not be playing with fitness equipment or in pools (or hot tubs). During competition the only pool open to JSSL is the Avery competition pool. Once competition begins, warm-ups will be limited to swimmers 11 and older and will be behind the bulkhead in Avery. There is absolutely no diving or jumping in this warm-up area. A “three point entry” (keeping your hand on the side of the pool) is required in this warm-up area. Please explain this rule to your swimmers in advance. Baker pool will be open to JSSL for warm ups only from 7:30 – 8:45. Marshals may ask children to leave the Championship Meet if they are found playing on equipment or in pool areas that are not part of our meet.

- JSSL swimmers are allowed to use the recreation locker rooms, but note that the locker rooms will be shared with non-JSSL swimmers. Do not leave items unattended in the locker rooms.

- Parents may want to remind their kids not to leave the complex without permission. Multiple gates will remain open throughout the meet.

- Food is not allowed on the pool decks. Eat only in the designated areas. No cans, bottles or glass containers are permitted in the Avery Aquatics Center. Bags and coolers will be checked at the entrance to the Center by Stanford staff.

- No strollers or wagons are permitted and must be left at the designated area by the entrance gate.

- No chairs, tents or shades are allowed on the bleacher walkways.
Champs Meet Officials/Head Positions

Champs Meet Co-Coordinator
Kay LaPlain
Champs Meet Co-Coordinator
Minae Lee
Meet Director
Holly Newman
Volunteer Coordinator/Check-In
Trelawny Pereira
Head Set-up/ Tear-down
Mark Hamilton
Head Tear-down/Clean-up
Jason Wang
Head Announcer
Steve Springsteel
Head Starter
Tom Deacon
Senior Box
Margaret Sommers
Deck Passes
Trelawny Pereira
Head Course Marshal
Erika Krugler
Assistant Meet Director
Joe Drake
Assistant Announcer
Ian Temple
Assistant Set-up
Gene Soto
Assistant Clean-up
Joe De Feo
Head Hospitality
Joanna Brownstein
Head Hospitality
Angela Chao
Head Hospitality
Karen Wang
Assistant Starter
Jeff Weitzman
Head Table Worker
Brian Maguire
Head Data
Randy & Mary Jewell
T-shirts
Annette Cable
Programs
Jennifer Barnes
Head Timer
Alex Roedling
Assistant Clerk of Course
Cathie Watson Short
Trophies
Shelley Morales
Head Stroke & Turn
Roger Martin
Assistant Table Worker
Lillian Kwasikowski/Amanda Laughlin
Meet Referee
Michael Kaufman
Ribbons
Shannon Mitne
Head Runner
Kate Disney
Head Clerk of Course
Fiona Grech
Assistant Head Timer
Torsten Schulz
First Aid
Ted Bucklin, MD

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2013 JSSL Championship Meet
20 July 2013
Stanford University’s Avery Aquatics

2013 JSSL Championship Meet
Graduating Seniors

Sean Pfeifer, Laurelwood

Sean has been a Laurelwood Dolphin for 13 years. Sean is a graduate of Wilcox High School, where he ran cross country and swam for the Chargers. Sean will most remember the early morning Laurelwood swim team practices, and breakfast at Denny’s with his friends after practice. Sean will attend University of California, San Diego to study Economics.

Ross Pfeifer, Laurelwood

Ross has been a Laurelwood Dolphin for 13 years. Ross is a graduate of Wilcox High School. He enjoyed four years of cross country and swimming at Wilcox. Ross’ fondest memories of the Laurelwood swim team are the practices with his friends. Ross will be attending Cal Poly San Luis Obispo in the fall, studying Business Information Systems.

Eddie Simonin, Laurelwood

Eddie has swum for Laurelwood since kindergarten. He loves water polo, and played at Wilcox High School, where he was a team captain. Eddie is attending De Anza College, and hopes one day to teach high school and coach water polo. His favorite memory was CHAMPS at Stanford when it was so hot you’d burn your feet when walking barefoot.

Claire Witzke, Laurelwood

A graduate of Pinewood School in Los Altos Hills, Claire has been a Laurelwood Dolphin since age 10. This fall, she’ll attend USC as a trustee scholar studying linguistics. Visit her on your way to Disneyland! Favorite Dolphin memories include the overnighter, breakfasts at Denny’s, and early morning practices. Big thanks to Coaches Karen and Rich and family. Fight on!

SARATOGA WOODS

Connor Cable, Saratoga Woods

Connor has been swimming with Saratoga Woods for 12 years, since the age of 6. He recently graduated from St. Lawrence Academy, where he played hockey. He will attend De Anza College in the fall. His favorite memory is beating the adults in dodgeball at the overnight campout. He would like to thank Coach LaForge for guiding him all these years.
GREENMEADOW

Wyatt Eberspacher, Greenmeadow -

Wyatt first swam with the Marlins in 2008. He was on the team for only two years before soccer and track crew him away, but he is still a lifeguard at the Greenmeadow pool. This year, Wyatt returned to the Marlins, and has enjoyed getting his stroke back. Wyatt graduated from Gunn High School, and will attend Cornell University, studying Engineering Physics.

Joshua Steinback, Greenmeadow -

Josh has swum with the Marlins for 13 years. He's been involved with everything Greenmeadow offers, including CIT, lifeguarding, and teaching swim lessons. He attended Gunn High School, where he played water polo. He plans to continue playing water polo at De Anza. Josh thanks his coaches, his parents, and his dog Yoshi for helping him accomplish what he has at JSSL.

LAURELWOOD

Kristen Buchterkirchen, Laurelwood -

Kristen has been swimming with the Laurelwood Dolphins for 14 years. Kristen graduated from Wilcox High School. Kristen cherishes her years as a Dolphin. Her favorite memories include the Overnighter and spending time with her friends. Kristen thanks her coaches and parents, who have always encouraged her to do her best. Kristen will attend Biola University, majoring in Kinesiology.

Madison Martin, Laurelwood -

Madison started swimming on the Laurelwood Swim Team as a 7/8. She loves being part of the Dolphin family, and is very involved in the club as a lifeguard and swim instructor. When she is not swimming for Laurelwood, she is in the pool playing water polo. Madison is headed to Cal Poly San Luis Obispo this fall.

Meet Data Managers (MDMs)

Caroline Schuyler
Glenn Fang
Julio Bermudez
Julie Johnson
Rick Rasmussen
Jonathan Leffler
Nancy Hobbs
Mary and Randy Jewell

Head Coaches

Nick Berg
Ronney Zapp
Sean Henn
John Neff
Rich Cuzen
Karen Kassies
Marie LaForge

JSSL League Representatives

President
1st Vice President
2nd Vice President
Treasurer
Secretary
Past President

Shannon Newton
Rolf Land
Lisa Anderson
Tim Ercmonds
Jeff Kratene
Kelly Walsh

July 9, 2013
2013 JSSL Championship Meet
20 July 2013
Stanford University’s Avery Aquatics Center

Meet Sheet

Date/Time: Sat, July 20; meet begins at 9:00 AM
Place: Stanford University - Avery Pool
Course: Outdoor, 25-meter pool with bulkhead. 8 lanes short course (25 yard) will be used for competition. Automatic timing systems, touch pads and timing buttons will be set at the standard location. 25-yard events will start at the bulkhead side of the pool and finish at non-bulkhead (“standard”) end of the pool. All relays will start and finish at the standard (non-bulkhead) end of the pool.
Timing: Event timing system will be generated from timing buttons. There will be three timing buttons and one manual stop watch per lane for backup. The electronic touch pads will be in place but turned off.
Check-in: There is no formal swimmer check-in, and no adjustments will be made to head/lane assignments the day of the meet. Each team decides how it wants to conduct check-in, and a table will be provided for you. Meet day entries will not be allowed. Any swimmer who misses an event may be barred from swimming the next event.

Warm-ups:
Avery Pool:
7:30-7:50 Greenmeadow - Lanes 1-4
7:50-8:10 Brookside - Lanes 1-4
8:10-8:30 Laurelwood - Lanes 1-4

Saratoga Woods - Lanes 5-8
Cupertino Hills - Lanes 5-8
Eicher - Lanes 5-8

There will be 3-4 lanes on the non-competitive side of the bulkhead (no blocks) for warm-ups/warm-downs during the meet for 11 and older swimmers only.

Baker Pool (available 7:30-8:45 for all teams):
Brookside - Lanes 1-3
Laurelwood - Lanes 7-9
Greenmeadow - Lanes 17-19
Cupertino Hills - Lanes 4-6
Eicher - Lanes 14-16
Saratoga Woods - Lanes 20-22

There is no diving or jumping in any warm-up area. A "three-point entry" (keeping your hand on the side of the pool) is required in warm-up areas. Please explain this rule to your swimmers.

Events: The same 54 events as in dual meets.
Rules: Swimmers may compete in up to 3 individual events and each team can enter one relay team per relay event. Relay teams must be submitted to the head table by 9 am on day of meet.
Eligibility: Swimmers must have competed in at least two JSSL meets during 2013. Meet entries must be submitted through the team representative by 10:00 AM Sun., July 14.
Heat/Lanes: Heat/lane assignments will be available first thing in the morning and will be posted at various locations throughout the center, including the swimmer check-in area. Swimmers need to write their heat/lane assignments on their arms and report to the clerk of the course in plenty of time.

Scoring: Individual and relay points awarded for 1st thru 6th: 9, 7, 5, 3, 2, and 1. Team’s points accumulated (individual and relay events) for team award.

Concessions: Food and drink will be sold by Stanford concessions. Food is not allowed on Deck. Alcohol and smoking are prohibited.

July 9, 2013

2013 JSSL Championship Meet
Graduating Seniors

Owen Hardee, Cupertino Hills -
Owen joined the Sharks in 2005. A fully-fledged pool rat, he’s been the starting water polo goalie at Monte Vista for the last three seasons, and has also played at West Valley. He’s off to University of Nevada, Reno, in the fall to study biology. He’d like to thank all his friends and coaches, especially the late great Ron Freeman.

Nick LoGrasso, Cupertino Hills -
Nick has been swimming since the age of 7, and is finishing his 12th season as a Shark. Nick has also enjoyed being a summer lifeguard and Sharks Junior Coach. He graduated from St. Francis High School, where he played as a goalie on the water polo team. This fall, Nick will be attending Santa Clara University to study business and political science.

EICHLER

Claire Hallatt, Eichler -
Claire has been swimming for the Eichler Swim Team since she was six. She has spent 12 summers with the team, and her favorite memories were with Coach Sue. She will be attending Case Western Reserve University in the fall to study nursing.

Jordan Smith, Eichler -
Jordan started swimming for Eichler at age 10. He was so new that he had to practice with the six and under, but he quickly picked up speed. He loves swimming at CHAMPS, even with the infamous Avery bulkhead. He wrestled varsity at Paly for four years. Jordan will attend University of the Pacific this fall to study Sports Pedagogy.

Marco Valente, Eichler -
For Marco, summer begins with the practice meet. Marco began swimming at Eichler in 2004. He loves the Eichler community, his experiences as a Junior Coach, and the overall camaraderie. That, and the joy of breaking old records, have kept him returning every year. This fall he will be attending the University of Waterloo, studying Mechanical Engineering.
2013 JSSL Championship Meet

Graduating Seniors

BROOKSIDE

Patrick Benight, Brookside -

Patrick has been a Brookside Wave since he was 6, making this year his 12th year on the team. He graduated from The King's Academy in May and is heading to UC Berkeley in the fall to study computer science. His favorite Brookside memory is being able to coach the team he's grown up with and seeing the kids grow, too.

Elyse Berlinberg, Brookside -

Elyse Berlinberg has been swimming for the Waves for 10 years. She served as 2012 co-captain and currently is an assistant coach. Elyse graduated from Saratoga High School, where she played varsity water polo for four years. In the fall, Elyse plans to attend UCLA where she will study pre-medicine, and double major in biochemistry and global studies. Go Waves!

Dustin DeFrank, Brookside -

Dustin has been a member of the Brookside Waves for 13 years. He graduated from Archbishop Mitty High School, where he played water polo and soccer. During his senior year, Dustin was captain of the Mitty water polo team, was named team MVP, and was selected as a CCS All Star. Dustin will study Electrical Engineering at San Jose State this fall.

CUPERTINO HILLS

Michelle Chan, Cupertino Hills -

Michelle has been a proud Shark since the age of 7! When first learning to swim, she was deathly afraid of wetting her face, but now she treats the pool as her second home. In the fall, Michelle will attend Pomona College. She encourages you all to push yourself every day, both in and out of the pool. Go Sharks!

Ryan Dougherty, Cupertino Hills -

Ryan started swimming for the Sharks at the age of 7, and is now in his 12th season. Ryan has made a lot of friends over the past 12 summers, at Cupertino Hills and other clubs. He graduated with honors from St. Francis High School, where he played water polo and swam. He will attend the University of Oregon, majoring in environmental studies.

Warm Up Schedule

Avery Pool:

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Lanes</th>
<th>Lanes</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-7:50</td>
<td>Greenmeadow -</td>
<td>1-4</td>
<td>5-8</td>
</tr>
<tr>
<td>7:50-8:10</td>
<td>Brookside -</td>
<td>1-4</td>
<td>5-8</td>
</tr>
<tr>
<td>8:10-8:30</td>
<td>Laurelwood -</td>
<td>1-4</td>
<td>5-8</td>
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</table>

There will be 3-4 lanes on the non-competitive side of the bulkhead (no blocks) for warm-ups/warm downs during the meet for 11 and older swimmers only.

Baker Pool (available 7:30-8:45 for all teams):

<table>
<thead>
<tr>
<th>Event</th>
<th>Lanes</th>
<th>Lanes</th>
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<tbody>
<tr>
<td>Brookside -</td>
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<td>4-6</td>
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<tr>
<td>Laurelwood -</td>
<td>7-9</td>
<td>14-16</td>
</tr>
<tr>
<td>Greenmeadow -</td>
<td>17-19</td>
<td>20-22</td>
</tr>
</tbody>
</table>

There is no diving or jumping in any warm-up areas. A “three-point entry” (keeping your hand on the side of the pool) is required in warm-up areas. Please explain this rule to your swimmers.

National Anthem

Cupertino Hills National Anthem Band
- Keibock Lee - Director
- Anjali Saxena - Soprano 1
- Janice Lipson - Soprano 2
- Alvin Lee - Trumpet
- Hugo Enser - Alto Saxophone
- Daria Poulkhatcheva - Alto Saxophone
- J.J. Enser - Percussion
2013 JSSL Championship Meet
20 July 2013
Stanford University’s Avery Aquatics Center

Meet Schedule

Fri., July 19:
5 PM Set-up: Workers arrange all chairs and tables, and easy-ups for shade

Sat., July 20:
6:00 am
Any remaining set-up taken care of. Stanford event managers will set up blocks and timing pads (which will be placed in water but not used during the meet). Mister hoses and soaker hoses will be set up at this time, if needed, as well as electrical equipment.

6:30 am
Concessions and other vendors can set up their areas in early as desired, outside the locked pool area. (See map.) The facility will be unlocked at 6:30 AM to provide access to the pool area and electrical outlets.

7:00 am
Meet Coordinators meet at the Volunteer Check-In table (#8 on map). Bring volunteer assignment sheets, all volunteer name tags and vests. See Trelawney Pereira.

7:10 am
“Volunteer check-in” volunteers report to their check-in table (#8 on map).
“Swimmer check-in” volunteers, if required by your club, report to swimmer check-in tables (#2 on map).

7:15-8:30 am
Volunteer check-in: pick up nametags, position tags and pool deck passes (#8 on map).

7:15 am
Warm-up Marshals meet the Head Marshal on the Pool Deck at the lower Clerk of Course (#4 on map). Head Marshal will provide instructions and location assignments.

Avery Pool:
7:50-7:50 Greenmeadow -- Lanes 1-4
7:50-8:10 Brookside -- Lanes 1-4
8:10-8:30 Laurelwood -- Lanes 1-4
Saratoga Woods -- Lanes 5-8
Cupertino Hills -- Lanes 5-8
Eichler -- Lanes 5-8

Baker Pool (available 7:30-8:45 for all teams):
Brookside -- Lanes 1-3
Laurelwood -- Lanes 7-9
Greenmeadow -- Lanes 17-19
Cupertino Hills -- Lanes 4-6
Eichler -- Lanes 14-16
Saratoga Woods -- Lanes 20-22

8:00 am
Head Data delivers heat / lane assignments to Head Clerk of Course at lower Clerk of Course location (#4 on map).

8:15 am
All Head Volunteer Positions report to Volunteer Check-In table (#8 on map) to pick up last-minute changes to your job rosters. See Trelawney Pereira.

8:20 am
Stroke & Turn Judges, Place Judges, Referee, Meet Director and false start judges meet with Head Stroke & Turn Judge (# on map, on Pool Deck, one level below bleachers).

8:20 am
All runners, DQ, Event sheet, results and label runners (except starting block runners) meet with Head Runner (# on map, on Pool Deck, one level below bleachers). When meeting is complete, DQ runners visit Stroke and Turn meeting briefly to introduce themselves to the stroke and turn judges.

July 19, 2013

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Congratulations on a Great Season
GO WAVES!!!
2013 JSSL Championship Meet
20 July 2013
Stanford University’s Avery Aquatics Center

8:20 am Clerk of Course, Starting Block Runners, and Starting Block Workers meet with Head Clerk of Course at lower level Clerk of Course. (#C on map)

8:20 am Timing Console, JQ Readers, Intermediaries, Timing Table Collators and Asst. Table meet with Head Table on the pool deck at D on map.

8:30 am First and second half Marshals meet the Head Marshal (K on map, on Pool Deck, one level below bleachers). Head Marshal will provide instruction and location assignments. Baker Pool Marshals will monitor Baker Pool until 8:45.

8:30 am All timers and recorders to meet with Head Timer at the finish end of the pool (#H on pool deck)

8:30 am Warm-ups end in Avery Pool. Avery Pool is cleared. Head Referee and Head Coaches meet briefly. (J on map, on Pool Deck, one level below bleachers)

8:40 am First announcement made for swimmers to start reporting for first events.

8:45 am Ribbon Table workers meet with Ribbon Head at Swimmer Check-in (#2 on map)

8:45 am Warm-ups end in Baker Pool. Baker Pool is cleared.

8:45 am Announcement for all volunteers to report to positions

8:55 am National Anthem

8:58 am! Confirm all timers and recorders are in place and ready to go

9:00 am Meet Begins

Clean-up must be complete before each team leaves Stanford. Meet Coordinators needs to pick up their team’s awards following “clean-up” clearance. Stanford is rented for a swim camp 90 minutes after our meet finishes. Any cleaning expense will be allocated to a team whose area requires Stanford to clean it.

Lost and Found items can be reclaimed at Stanford through Sunday. The Lost and Found during Champs is located at the First Aid station (#4 on map).

Clean-up assignments the day of the meet: Each club is responsible for cleaning its assigned seating section in the bleachers before leaving. (Please refer to venue maps posted at http://www.jssl.org for each team’s bleacher assignment.)

Clean-up volunteers will be instructed to meet the Head Clean-up Volunteer at the Upper Clerk of Course following the relays.

Deck passes should be returned to each club’s Volunteer Coordinator at the end of job or dropped off at a box near Avery Gate entrance (#1 on map).

July 9, 2013
JSSL 2013 CHAMPIONSHIP MEET
DUAL MEET RESULTS & STANDINGS

WINNING TEAM & SCORE IN BOLD

<table>
<thead>
<tr>
<th>DUAL MEET RESULTS</th>
<th>VISITING TEAM</th>
<th>SCORE</th>
<th>HOST TEAM</th>
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DUAL MEET STANDINGS

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### JSSL Championship Meet Records as of July 15, 2012

<table>
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<th>Girl's Records</th>
<th>Age</th>
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<th>Record</th>
<th>Year</th>
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<table>
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Good Luck Emma & Ian and the rest of the Marlins Swim Team!

KEEP CALM and CARRY ON

(SWIMMING)

Greenmeadow Marlins Swim Team

Mike Varozza
## 2013 JSSL Championships - 7/20/2013
Meet Program - Saturday, July 20, 2013

### #1 Boys 6 & Under 25 Yard Butterfly

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**FastLane Tek...**
Go Brookside Waves!

Calahan - Swim Hard and Feel the Bubbles!
Love mommy, daddy, grammy, grandpop & poppop

Thank you for a great season Coaches Nick, Cody, Elyse & Patrick

---

**9-4 Boys 13-25 Yard Butterfly**

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**9-4 7 of 7 Finals**

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Sarah and Julie, We are very proud of you!!!

Love,
Mommy and Daddy

Thank you Coaches and Volunteers for making it possible!!
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### 2013 JSSL Championships Meet 7-20/2013
#### Meet Program - Saturday, July 20, 2013

**Girls 13-14 50 Yard Backstroke**

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**Heat 1 (4 Finals)**

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**Fly Boys 13-14 50 Yard Backstroke**

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**Heats 1-4 Finals**

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### 2013 Shark Swimmers: Akshaan, Aidhan, Michelle, Daniel, Dolan, Georgia, Nessa, Alex, Patrick, Anna, Maryrose, Matthew, Andrew, Luke, Clay, Ava, Julia, Marissa, Christine, Jerry, Kylie, Cara, Nathan, Hayden, Hugo, Emilee, Clara, Casey, Chris, Matthew, Ben, Zachary, Adam, Nicholas, Drew, Laney, Shanna, Owen, Brandon, Lauren, Lauryn, Devon, Aly, Benjamin, Teddy, Jackie, Jessica, Juliana, Kevin, Lindsey, Isabel, Olivia, Henry, Fred, Owen, Kiri, Desmond, Alvin, Sonia, John, Michelle, Katrina, Alex, Matt, Nick, Morgan, Zachary, Connor, Evan, Keira, James, Avery, Lance, Luke, Megan, Kyra, Niko, Lily, Logan, Bansi, Druv, Devin, Miles, Collin, Matthew, Sierra, Uma, Magi, Kristina, Sean, Hannah, Tyler, Mia, Katte, Spencer, Darla, Jonathan, Sadie, Kathryn, Christopher, Jason, Kevin, Jason, Elijah

---

Graduating Seniors: Michelle Chan, Ryan Dougherty, Owen Hardee, & Nick LoGrasso

"Congratulations!" and "Thank you!" for years of contributions and for being great role models to our young swimmers.
We will miss you.
## 2013 JSSU Championships - 7/20/2013
### Meet Program - Saturday, July 20, 2013

#### Heat 4 of 4 Finals

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2013 JRSC Championships - 7/20/2013
Meet Program - Saturday, July 20, 2013

Heat 1 of 6 Finals
1. Adam Hughes 10 BS-CC 29.29
2. Trevor Faunce 9 LW-CC 28.75
3. Ryan Tait 10 BS-CC 28.70
4. Ryan Tait 10 BS-CC 28.70
5. Jason Yip 10 CH-CC 27.22
6. John Capper 9 LW-CC 27.66
7. Zachary McNeil 10 CH-CC 28.87
8. Peter Buonassisi 9 EC-CC 30.87

Heat 2 of 6 Finals
1. Christopher McNeil 9 SW-CC 36.76
2. Tristan Fox 9 SW-CC 26.49
3. Peter Goodrich 10 GMCA-PA 26.53
4. Iva Milne 9 LW-CC 25.76
5. Luke York 9 EC-CC 25.71
6. Vincent Klun 10 LW-CC 25.32
7. Sayer Sowinski 10 LW-CC 26.84
8. Noam Jokisch 9 GMCA-PA 26.94

Heat 3 of 6 Finals
1. Vincent Collado 10 SW-CC 24.48
2. Allen Yang 10 BS-CC 24.14
3. Jonathan Veys 10 BS-CC 24.81
4. Alex Liu 9 CH-CC 24.09
5. Eliza Black 9 EC-CC 24.71
6. Max BechtemANN 9 EC-CC 23.06
7. Andrew LauTeti 10 LW-CC 23.31
8. James Couri 10 GMCA-PA 25.56

Heat 4 of 6 Finals
1. Griffin Jepsen 10 EC-CC 24.60
2. Benjamjn Kelly 9 CH-CC 23.85
3. Arian Hunter 10 BS-CC 23.72
4. Arian Hunter 10 BS-CC 23.72
5. Alex Kruse 9 GMCA-PA 23.57
6. Corin Guertin 10 BS-CC 23.73
7. Luke Thierve 10 BS-CC 23.93
8. Eric Gehrke 9 LW-CC 24.06

Heat 5 of 6 Finals
1. Peter Wang 9 EC-CC 23.31
4. Brandon Feng 10 LW-CC 18.70
5. Dana Jefferson 9 GMCA-PA 19.57
6. Kaden Lee 10 EC-CC 21.50
7. Clay Adams 10 CS-CC 22.44
8. Marco Frank 9 LW-CC 23.29

Heat 6 of 6 Finals
1. Dae-jin Ng 10 BS-CC 23.13
2. Chloe Zheng 10 EC-CC 20.77
3. Veronwen Willett 9 BS-CC 20.90
4. Michelle Olson 9 BS-CC 20.93
5. Ashley Hubert 10 GMCA-PA 20.96
6. Marcy Hartman 9 BS-CC 20.93
7. Diana Vivas 10 GMCA-PA 21.37
8. Ingrid Lee 9 GMCA-PA 23.68

Heat 1 of 6 Finals
1. Evolve Gatien 8 GMCA-PA 32.82
2. Wilf Stouff 8 EC-CC 31.51
3. Alex Stasheff 8 CS-CC 30.58
4. Charlie Stott 8 BS-CC 30.89
5. K.TYPEY 9 EC-CC 30.25
6. Mark Corbett 7 BS-CC 30.61
7. Juvan Bajer 8 SW-CC 31.56
8. Glenn Stover 7 SW-CC 32.33

Heat 2 of 6 Finals
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Heat 4 of 6 Finals
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Heat 5 of 6 Finals
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Heat 6 of 6 Finals
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7. Juvan Bajer 8 SW-CC 31.56
8. Glenn Stover 7 SW-CC 32.33

Thank you to our AWESOME Marlin Coaches- John, Gabby and Joe- for a GREAT season!
### Women 15-18 50 Yard Breaststroke

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**Simcha, Tjasa, Sarah, and Nessy want to thank their Coaches: John, Gabby, and Joe. MARLINS ROCK!**

---

**Thank you for an awesome season Brookside Waves Coaches!**

*Patrick, Nick, Cody, Elyse*

---

**Go Bailey! Go Brody! Swim fast at Champs! Love, Your #1 Fans - Mom & Dad**

---

**Go Brookside!**
We love you so much! You make us very proud each and every day!
Love, Mom & Dad
**2013 JSI S. Championships - 7/20/2013**

**Meet Program - Saturday, July 20, 2013**

### Heat 1 of 8 Finals

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**Thanks and good luck to Laurelwood’s Class of 2013!**

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**Sean Pfeifer, Madison Martin, Eddie Simonin, Claire Witzke, Ross Pfeifer, Kristen Buchertkirchen**

---

**Keep swimming!**
Swim Fast Jenna, Eric and Abby
From your Buddy Nicole

Hy-TEK's Multi-Meet System
Go Brookside Waves!

Cuinn, Siobhan & Aidan Huber, Congratulations on a fantastic season! Have fun at Champs!

Thank you to the superb Brookside Waves Coaching Team: Nick Berg
Cody Graef, Elise Berlinberg, & Patrick Benight You all rock!
Booyah
Cam and Allison!

SWIM FAST AND POST SOME PB’S. THAT’S THE WAY WE DO IT!

Love from your #1 fans,
Mom, Dad, Kyle, Tyler, Morgan, Ranger, Kix, Cody, Cals, and Fancy

Go Brookside Waves!
Booyah
Cam and Allison!

SWIM FAST AND POST SOME PB’S. THAT’S THE WAY WE DO IT!

Love from your #1 fans,
Mom, Dad, Kyle, Tyler, Morgan,
Ranger, Kix, Cody,
Cals, and Fancy

Go Brookside Waves!
2012 JSSL Championships - 7/20/13
Meet Program - Saturday, July 20, 2013

FastLane, Inc. www.fastlanetek.com - Contractor License # HY-TEK's MM 4.2 - 10:00 PM "15/15/2013 Page 16

Dolphins to Broncos
Welcome to SCU!
The Jewell's

Congratulations Jenna & Cathy Jo

We are so proud of you for your hard work on the 2013 Greenmeadow Marlins swim team this year, Max!

Love, Mom, Dad, Zoe, Lucy, Anna, Papa, and Tatoo

JSSL Record: 14:52.96 200 Yard Freestyle
JSSL Record: 1:00.75 100 Yard Breastely
JSSL Record: 1:25.16 200 Yard Backstroke

Fastlane Tech, Inc. www.fastlanetek.com - Contractor License # HY-TEK's MM 4.2 - 10:00 PM "15/15/2013 Page 16

1. Donna Scherl 14 BSC - 19.07
3. Vivian Dancy 14 BSC - 19.50
4. Calla Giffen 14 GOMA-PA 19.50
5. Anika Gadzinski 14 SW - 19.59
6. Kaitie Penamaker 14 EICH 20.00
7. Brenda Blanco 13 LW-CC 22.00
8. Nadecha Noy 14 EICH 32.30

1. Diana Kettman 14 BSC - 22.44
2. Anna Lough 14 BSC - 23.24
3. Cilla Hamilton 17 LW-CC 25.16
4. San Dodi 16 EICH 1:10.26
5. Lily 16 EICH 1:10.46

1. Riley Despatch 18 CH-CC 34.42
2. Galen Raleff 17 SW-CC 37.49
3. Alex Savae 17 LW-CC 53.34
4. Cameron Burton 16 BSC-CC 51.39
5. Matte Lind 17 CH-CC 52.99
6. Tommy Montana 16 LW-CC 55.52
7. Dylan Drickulf 18 BSC-CC 53.90
8. Tyler Wilson 18 EICH 54.80

1. Donna Scherl 14 BSC - 1:13.87
2. Jacob Rind 15 EICH 1:19.54
3. Gregory Yu 18 EICH 1:19.78
4. Nastia Quinell 15 SW-CC 1:24.44
5. Jace Burn 16 SW-CC 1:24.69
6. Adrian Schlegel 15 EICH 1:26.31
7. San Belling 15 LW-CC 1:27.62

1. Cyran Avandos 15 LW-CC 1:00.89
2. Alex Dott 15 LW-CC 1:00.89
3. Malikit Truley 15 EICH 1:02.89
4. Alan Divine 15 EICH 1:02.34
5. Jordan Sambler 18 GOMA-PA 1:02.89
6. Morhe Muroli 18 SW-CC 1:03.02
7. Chad Sound 15 LW-CC 1:03.62
8. Jonathan Stinck 16 SW-CC 1:08.12

1. Kaitie Sennett 15 LW-CC 1:00.22
2. Karla Berkleley 16 BSC-CC 1:00.14
3. Kayne Drake 17 EICH 1:08.16
4. Molly Fagury 16 EICH 1:10.86
5. Jennifer Vols 15 BSC-CC 1:17.02
7. Nicole Martin 15 LW-CC 1:25.13
8. Breanna Urban 15 CH-CC 1:43.12

4.25 Finals

1. Amanda Long 17 SW-CC 1:11.90
2. Nicole Cox 15 EICH 1:11.24
3. Ari Kastl 16 EICH 1:09.62
4. Caleb Haller 18 EICH 1:09.50
5. Dax Gonzales 15 GOMA-PA 1:09.62
7. Lauren Sweet 17 LW-CC 1:11.70
8. Erin Wilson 17 SW-CC 1:14.68

3.5 Finals

1. Sara Geiger 15 LW-CC 1:08.99
2. Yuliya Tapa 17 EICH 1:07.25
3. Alina Kravitz 15 LW-CC 1:07.22
4. Alex Carrell 15 SW-CC 1:06.06
5. Mahdi Elow 15 EICH 1:07.88
6. Jenna Pyle 18 SW-CC 1:07.63
7. Katrii Pooger 14 SW-CC 1:08.82
8. Paloma Broatch 14 SW-CC 1:08.93

2.5 Finals

1. Danielle Roman 15 SW-CC 1:06.31
2. Maria Kratzik 16 LW-CC 1:04.97
3. Emma Ellis 15 EICH 1:07.40
4. Marcus Carter 15 SW-CC 1:09.83
5. Emlan Cawley 15 LW-CC 1:06.21
6. Kimberly Hui 17 LW-CC 1:04.37
7. Nada Dwor 17 LW-CC 1:05.30
8. Andrew Saucier 16 GOMA-PA 1:09.81

1. Evan Belsview 16 BSC-CC 1:01.44
2. Keaton Anderson 16 BSC-CC 1:00.54
3. Joseph Tung 17 EICH 1:08.94
4. David In Carers 18 SW-CC 56.02
5. Kylee Cascian 16 CH-CC 58.65
6. Keenan Bachman 16 CH-CC 59.88
7. Claire Whitt 18 LW-CC 1:00.47
8. Sue Lee 16 CH-CC 1:06.75
## Go Brookside Waves!

**Cuinn, Siobhan & Aidan Huber, congratulations on a fantastic season! Have fun at Champs!**

**Thank you to the superb Brookside Waves Coaching Team: Nick Berg, Cody Graef, Elise Berlinberg, & Patrick Benight. You all rock!**

---

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**HY-TEK's MM 4.0 - 10:01 PM 7/15/2013 Page 15**

### 2013 JSISL Championships - 7/20/2013

**Meet Program - Saturday, July 20, 2013**

#### 44 Girls 13-14 50 Yard Freestyle

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### 44 Girls 13-14 50 Yard Backstroke

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### 44 Girls 13-14 50 Yard Butterfly

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### 44 Girls 13-14 50 Yard Medley Relay

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**FastLane Tek.**
93 Girls 8-18 Yard Freestyle

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118 Boys 11-12 Yard Freestyle

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### 2013 JSISL Championships - 7/20/2013

**Meet Program - Saturday, July 20, 2013**

**400 Yard Freestyle**

- **Heat 1 of 9 Flashes**
  - **First Place:**
    - 1. Jordan Taylor 9 8OMCA-PA 3:05.22
    - 2. Lauren Taylor 8 SW-CC 3:09.22
    - 3. Analiz Cacares 10 BS-CC 3:09.68
    - 4. Raina Awad 8 SW-CC 3:09.80
    - 5. Ella Carlson 8 BS-CC 3:10.27
    - 6. Alyssa Kodock 7 BS-CC 3:10.80
    - 7. Nichole Hines 8 BS-CC 3:10.96
    - 8. Zislie Even 8 CH-CC 3:20.92

- **Heat 3 of 9 Flashes**
  - **First Place:**
    - 1. Nina Kudler 8 EICH 2:01.00
    - 2. Aloha Leleu Lu 8 EICH 2:17.90
    - 3. Eva Liu 8 LL-CC 2:18.77
    - 4. Lauren Coulter 7 WS-CC 2:20.96
    - 5. Lauren Holzsko 8 BS-CC 2:20.96
    - 6. Jonathan Wu 8 BS-CC 2:20.96
- **Heat 4 of 9 Flashes**
  - **First Place:**
    - 1. Carleigh Ellis 8 EICH 2:01.80
    - 2. Alea De La Cruz 8 EICH 2:17.50
    - 3. Eva Liu 8 LL-CC 2:18.97
    - 4. Lauren Connell 7 LW-CC 2:19.60
    - 5. Lauren Klinger 8 BS-CC 2:19.80
    - 6. Kate Ochotta 8 BS-CC 2:19.80
- **Heat 5 of 9 Flashes**
  - **First Place:**
    - 1. Divi Deganer 8 GMCA-PA 2:18.10
    - 2. Lauren Thomas 7 HS-CC 2:18.80
    - 3. Casey Fisher 8 CH-CC 2:17.80
    - 4. Lula Schuett 7 EICH 2:12.97
    - 5. McKenna Raitd 8 EICH 2:15.70
    - 6. Jenna LaCroix 8 SW-CC 2:17.90
    - 7. Mia Coversteg 7 EICH 2:18.56
    - 8. Julia Magn 8 EICH 2:18.10

**400 Yard Individual Medley**

- **Heat 1 of 9 Flashes**
  - **First Place:**
    - 1. Benjamin Kelly 9 CS-CC 3:56.86
    - 2. Timothy Davis 10 LW-CC 3:55.23
    - 3. Cameron McColl 9 OMCA-PA 3:54.51
    - 4. Andrew Schenkow 9 OMCA-PA 3:54.55
    - 5. Simon Capper 9 LW-CC 3:55.54
    - 6. Dallas Greenwell 9 LW-CC 3:57.34

- **Heat 3 of 9 Flashes**
  - **First Place:**
    - 1. Taylor Zuehlke 9 LW-CC 4:09.99
    - 2. Alex Kim 9 OMCA-PA 4:09.85
    - 3. Robert Vacek 9 BS-CC 4:53.53
    - 4. Jason Vip 10 CH-CC 4:53.86
    - 5. Colin Penning 9 CH-CC 4:57.22
    - 6. Griffin Zajac 10 EICH 4:57.32
    - 7. Zachary Mayner 10 CH-CC 4:58.72
    - 8. Matthew Quin 10 CS-CC 5:05.87

**400 Yard Medley Relay**

- **Heat 1 of 9 Flashes**
  - **First Place:**
    - 1. Alycia Smith 9 BS-CC 4:55.49
    - 2. Ian Jacobs 10 OMCA-PA 4:55.12
    - 3. Ari Gromos 9 BS-CC 4:55.12
    - 4. Parker Goodrich 8 OMCA-PA 4:54.94
    - 5. Quinn Johnson 11 LW-CC 4:54.92
    - 7. Cornel Gorgens 14 BS-CC 4:53.30
    - 8. Vincent Colato 13 SW-CC 4:55.56

**Heat 2 of 9 Flashes**

- **First Place:**
  - 1. Ryan Sito 10 EICH 4:53.81
  - 2. Evan Millman 9 LW-CC 4:53.91
  - 3. B Calaway 10 LW-CC 4:53.77
  - 4. Alex Liu 9 CS-CC 4:52.29
  - 5. Christopher McI 8 SW-CC 4:53.47
  - 6. Harry Myers 8 OMCA-PA 4:53.93
  - 7. Paul Rookenham 8 EICH 4:59.04

**Heat 5 of 9 Flashes**

- **First Place:**
  - 2. Alan Fisher 8 BS-CC 4:53.66
  - 3. Ryan Cullinan 9 LW-CC 4:52.23
  - 4. Nicholas Kraus 9 LW-CC 4:52.99
  - 5. Sorry Brown 10 LW-CC 4:52.10
  - 6. Andrew Langley 10 LW-CC 4:53.50
  - 7. Jason Yang 10 CS-CC 4:53.15
  - 8. Tyler Benoit 10 SW-CC 4:53.20

**Heat 7 of 9 Flashes**

- **First Place:**
  - 1. Colin Newton 9 SW-CC 5:07.95
  - 2. Colin Dyer 8 BS-CC 5:07.59
  - 3. Tristan Fox 9 SW-CC 5:09.13
  - 4. Nathan Jones 9 OMCA-PA 5:02.35
  - 5. Ryan Dood 10 LW-CC 5:08.78
  - 6. Aidan Rees 8 EIch 5:12.02
  - 7. Kadin Loo 8 EIch 5:14.17
  - 8. Erik Geiger 9 LW-CC 5:49.89

**Heat 8 of 9 Flashes**

- **First Place:**
  - 3. Max Barchetley 10 EICH 3:26.49
  - 5. Joshua Tucker 9 SW-CC 3:45.34
  - 6. Paul Nose 9 OMCA-PA 3:46.87
  - 7. Al Geidt 9 EICH 3:47.33
  - 8. Miles Montague 10 EICH 3:48.86

- **Heat 9 of 9 Flashes**
  - **First Place:**
    - 1. Matthew Crowell 10 BS-CC 3:55.85
    - 2. Patrick Wang 9 EIch 3:58.01
    - 3. Austin Jefferson 9 OMCA-PA 3:56.95
    - 4. Colin Griffen 14 OMCA-PA 3:27.22
    - 5. Aidan Keeler 15 LW-CC 3:28.22
    - 6. Marco Frank 15 BS-CC 3:23.55
    - 7. Max Fisher 9 EICH 3:59.09
    - 8. Brandon Fung 14 BS-CC 3:55.95

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**Thanks and good luck to Laurelwood's Class of 2013!**

---

*Sean Pfeifer, Madison Martin, Eddie Simonin, Claire Witzke, Ross Pfeifer, Kristen Buchertkirchen*
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**All 6 in 6 & Under 25 Yard Freestyle**

**JSSL Records**

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**Goal**

We love you so much! You make us very proud every day! Love, Mom & Dad
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## 2013 JSSL Championships - 7/20/2013

**Meet Program - Saturday, July 20, 2013**

**Girls 5-9 Yard Breaststrokes**

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**Girls 10-12 Yard Breaststrokes**

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**Fast Lane Tek**

**400 Yard Medley Relay**

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## Thanks to all the coaches and buddies that have made the 2013 season a memorable one!

JSSL Championships 2013
Stanford University
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</table>

**Swim Fast Marlin!**

**From the Hodson Family**

**Good luck Tyler!**

**Good luck Brett!**

Thank you to our AWESOME Marlin Coaches- John, Gabby and Joe- for a GREAT season!

---

**SWIM FAST**

**AIKEN DOLPHINS!**

**GO LAURELWOOD DOLPHINS!**

Another fun season as a Dolphin. Good Luck at Champs! Love, Rich, Mom and Lee
Salutes Our Coaches:
Nick, Cody, Patrick & Elye

Thank you for teaching us to be better swimmers & better teammates. You Rock!
2013 JSSL Championship Meet
Good Luck to all swimmers
Swim Fast, Have Fun!

Coach Romney, Assistant Coach Michaela & Assistant Coach Matt—Thanks for a great season and your many years of dedication to our team!

2013 Shark Swimmers: Akshaan, Aldhan, Michelle, Daniel, Dolan, Georgia, Nessa, Alex, Patrick, Annika, Anna, Maryrose, Matthew, Andrew, Luke, Clay, Ava, Julia, Marissa, Christine, Jerry, Kylie, Cara, Nathan, Hayden, Bill, Nicole, Hugo, Emille, Clara, Casey, Chris, Matthew, Ben, Zachary, Adam, Nicholas, Drew, Laney, Shanna, Owen, Brennan, Brendan, Lauryn, David, Dev, Carlina, Benjamin, Teddy, Jackie, Jessica, Julianna, Kevin, Lindsey, Isabel, Olivia, Henry, Fred, Owen, Kiril, Desmond, Alvin, Sonya, John, Michelle, Katrina, Alex, Matt, Nick, Morgan, Zachary, Connor, Evan, Keira, James, Avery, Luke, Megan, Kate, Tyra, Niko, Lilly, Logan, Babs, Devlin, Miles, Colin, Matthew, Sierra, Uma, Mag, Kristina, Sean, Hannah, Tyler, Mia, Katie, Spencer, Darla, Jonathan, Sadie, Kathryn, Christopher, Jason, Kevin, Jason, Elijah

Graduating Seniors:
Michelle Chan, Ryan Dougherty, Owen Hardee, & Nick LoGrasso

"Congratulations!" and "Thank you!" for years of contributions and for being great role models to our young swimmers. We will miss you.
<table>
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<tr>
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<th>Lane</th>
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**Greenmeadow Marlins Swim Team**

**Umm Gowah, Umm Gowah, Marlins Got The Power!!**
Sarah and Julie, We are very proud of you!!!

Love, 
Mommy and Daddy

Thank you Coaches and Volunteers for making it possible!!
## 2013 JSLL Championships - 7/20/2013
### Meet Program - Saturday, July 20, 2013

### #1 Girls 14-15 Yard Butterfly

<table>
<thead>
<tr>
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<td>Kiel Ludden</td>
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<td>crew Hughies</td>
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<td>CC</td>
<td>23.37</td>
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<td>Daniel Marshia</td>
<td>13</td>
<td>CC</td>
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<td>CC</td>
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<td>Jack Stinson</td>
<td>14</td>
<td>CC</td>
<td>27.84</td>
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<td>Kevin Ray</td>
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## #2 Girls 14-15 Yard Butterfly

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## #3 Girls 14-15 Yard Butterfly

<table>
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---

**Greenmeadow Coaches**

- **Gaby**
- **Joe**
- **John**
- **Sophie**
- **Cody**
- **Gabe**
- **Tom**
- **Sarah**
- **Nathan**
- **Arthur**

**The Green Family**

**GO BROOKSIDE WAVES**
Go Brookside Waves!

Calahan - Swim Hard and Feel the Bubbles! Love mommy, daddy, grammy, grandpop & poppop

Thank you for a great season Coaches Nick, Cody, Elyse & Patrick
## JSSL Championship Meet Records as of July 15, 2012

### Girl's Records

<table>
<thead>
<tr>
<th>Age</th>
<th>Event</th>
<th>Record</th>
<th>Year</th>
<th>Record Holder</th>
<th>Team</th>
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<td>1987</td>
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<tr>
<td>7-8</td>
<td>25 Yd Fly</td>
<td>16.37</td>
<td>2010</td>
<td>Sarah Snyder</td>
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### Boy's Records

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### Relay Records (Back, Breast, Fly, Free)

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**Good Luck Emma & Ian and the rest of the Marlins Swim Team**
## JSSL 2013 Championship Meet
### Dual Meet Results & Standings

**Winning Team & Score in Bold**

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<th>Dual Meet Results</th>
<th>Visiting Team</th>
<th>Score</th>
<th>Host Team</th>
<th>Score</th>
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<td></td>
<td>Eichler</td>
<td>303</td>
<td>Greenmeadow</td>
<td>169</td>
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<td></td>
<td>Laurelwood</td>
<td>296</td>
<td>Brookside</td>
<td>178</td>
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<tr>
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<td>Brookside</td>
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<td>Eichler</td>
<td>259</td>
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<td>Greenmeadow</td>
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<td>Cupertino Hills</td>
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**Dual Meet Standings**

- Eichler: 5-0
- Brookside: 3-2
- Laurelwood: 3-2
- Saratoga Woods: 2-3
- Cupertino Hills: 1-4
- Greenmeadow: 1-4

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**SWIM FAST BROOKSIDE WAVES!!**

Have a GREAT Champs meet Emma, Kate and Jason! We are so PROUD of you!

Love Mom and Dad
2013 JSSL Championship Meet
20 July 2013
Stanford University’s Avery Aquatics Center

8:20 am  Clerk of Course, Starting Block Runners, and Starting Block Workers meet with Head Clerk of Course at lower level Clerk of Course. (# C on map)

8:20 am  Timing Console, Q Reader, Intermediaries, Timing Table Collators and Asst. Table meet with Head Table on the pool deck at D on map.

8:30 am  First and second half Marshals meet the Head Marshal (K on map, on Pool Deck, one level below bleachers). Head Marshal will provide instruction and location assignments. Baker Pool Marshals will monitor Baker Pool until 8:45.

8:30 am  All timers and recorders to meet with Head Timer at the finish end of the pool (#H on pool deck)

8:30 am  Warm-ups end in Avery Pool. Avery Pool is cleared. Head Referee and Head Coaches meet briefly. (J on map, on Pool Deck, one level below bleachers)

8:40 am  First announcement made for swimmers to start reporting for first events.

8:45 am  Ribbon Table workers meet with Ribbon Head at Swimmer Check-in (#2 on map)

8:45 am  Warm-ups end in Baker Pool. Baker Pool is cleared.

8:45 am  Announcement for all volunteers to report to positions

8:55 am  National Anthem

8:58 am  Confirm all timers and recorders are in place and ready to go

9:00 am  Meet Begins

Clean-up must be complete before each team leaves Stanford. Meet Coordinators needs to pick up their team’s awards following “clean-up” clearance. Stanford is rented for a swim camp 90 minutes after our meet finishes. Any cleaning expense will be allocated to a team whose area requires Stanford to clean it.

Lost and Found items can be reclaimed at Stanford through Sunday. The Lost and Found during Champs is located at the First Aid station (#4 on map).

Clean-up assignments the day of the meet: Each club is responsible for cleaning its assigned seating section in the bleachers before leaving. (Please refer to venue maps posted at http://www.jssl.org for each team’s bleacher assignment.)

Clean-up volunteers will be instructed to meet the Head Clean-up Volunteer at the Upper Clerk of Course following the relays.

Deck passes should be returned to each club’s Volunteer Coordinator at the end of job or dropped off at a box near Avery Gate entrance (#1 on map).

Thank you for your continued support.

Midtown Realty

Printing and Marketing Services

July 9, 2013
2013 JSSL Championship Meet
20 July 2013
Stanford University’s Avery Aquatics Center

Meet Schedule

Fri., July 19: 6 PM Set-up: Workers arrange all chairs and tables, and easy-ups for shade

Sat., July 20:
6:00 am  Any remaining set-up taken care of. Stanford event managers will set up blocks and timing pads (which will be placed in water but not used during the meet). Mister hoses and soaker hoses will be set up at this time, if needed, as well as electrical equipment.

6:30 am  Concessions and other vendors can set up their areas in early as desired, outside the locked pool area. (See map.) The facility will be unlocked at 6:30 AM to provide access to the pool area and electrical outlets.

7:00 am  Meet Coordinators meet at the Volunteer Check-In table (#8 on map). Bring volunteer assignment sheets, all volunteer name tags and vests. See Trelawney Pereira.

7:10 am  “Volunteer check-in” volunteers report to their check-in table (#8 on map). “Swimmer check-in” volunteers, if required by your club, report to swimmer check-in tables (#2 on map).

7:15-8:30 am  Volunteer check-in: pick up nametags, position tags and pool deck passes (#8 on map).

7:15 am  Warm-up Marshals meet the Head Marshal on the Pool Deck at the lower Clerk of Course (#4 on map). Head Marshal will provide instructions and location assignments.

Avery Pool:

7:30-7:50  Greenmeadow -- Lanes 1-4  Suratoga Woods -- Lanes 5-8
7:50-8:10  Brookside -- Lanes 1-4  Cupertino Hills -- Lanes 5-8
8:10-8:30  Laurelwood -- Lanes 1-4  Eichler -- Lanes 5-8

Baker Pool (available 7:30-8:45 for all teams):

Brookside -- Lanes 1-3  Cupertino Hills -- Lanes 4-6
Laurelwood -- Lanes 7-9  Eichler -- Lanes 14-16
Greenmeadow -- Lanes 17-19  Suratoga Woods -- Lanes 20-22

8:00 am  Head Data delivers heat/lane assignments to Head Clerk of Course at lower Clerk of Course location (#4 on map).

8:15 am  All Head Volunteer Positions report to Volunteer Check-In table (#8 on map) to pick up last-minute changes to your job rosters. See Trelawney Pereira.

8:20 am  Stroke & Turn Judges, Place Judges, Referee, Meet Director and false start judges meet with Head Stroke & Turn Judge (F on map, on Pool Deck, one level below bleachers).

8:20 am  All runners, DQ, Event sheet, results and label runners (except starting block runners) meet with Head Runner (F on map, on Pool Deck, one level below bleachers). When meeting is complete, DQ runners visit Stroke and Turn meeting briefly to introduce themselves to the stroke and turn judges.

---
July 9, 2013

Lindsay & Ryan

Congratulations on a Great Season

GO WAVES!!!
2013 JSSL Championship Meet

Graduating Seniors

BROOKSIDE

Patrick Benight, Brookside -

Patrick has been a Brookside Wave since he was 6, making this year his 12th year on the team. He graduated from The King’s Academy in May and is heading to UC Berkeley in the fall to study computer science. His favorite Brookside memory is being able to coach the team he’s grown up with and seeing the kids grow, too.

Elyse Berlinberg, Brookside -

Elyse Berlinberg has been swimming for the Waves for 10 years. She served as 2012 co-captain and currently is an assistant coach. Elyse graduated from Saratoga High School, where she played varsity water polo for four years. In the fall, Elyse plans to attend UCLA where she will study pre-medicine, and double major in biochemistry and global studies. Go Waves!

Dustin DeFrank, Brookside -

Dustin has been a member of the Brookside Waves for 13 years. He graduated from Archbishop Mitty High School, where he played water polo and soccer. During his senior year, Dustin was captain of the Mitty water polo team, was named team MVP, and was selected as a CCS All Star. Dustin will study Electrical Engineering at San Jose State this fall.

CUPERTINO HILLS

Michelle Chan, Cupertino Hills -

Michelle has been a proud Shark since the age of 7! When first learning to swim, she was deathly afraid of wetting her face, but now she treats the pool as her second home. In the fall, Michelle will attend Pomona College. She encourages you all to push yourself every day, both in and out of the pool. Go Sharks!

Ryan Dougherty, Cupertino Hills -

Ryan started swimming for the Sharks at the age of 7, and is now in his 12th season. Ryan has made a lot of friends over the past 12 summers, at Cupertino Hills and other clubs. He graduated with honors from St. Francis High School, where he played water polo and swam. He will attend the University of Oregon, majoring in environmental studies.

Warm Up Schedule

Avery Pool:

7:30-7:50 Greenmeadow - Lanes 1-4 Saratoga Woods - Lanes 5-8
7:50-8:10 Brookside - Lanes 1-4 Cupertino Hills - Lanes 5-8
8:10-8:30 Laurelwood - Lanes 1-4 Eichler - Lanes 5-8

There will be 3-4 lanes on the non-competitive side of the bulkhead (no blocks) for warm-ups/warm downs during the meet for 11 and older swimmers only.

Baker Pool (available 7:30-8:45 for all teams):

Brookside - Lanes 1-3 Cupertino Hills - Lanes 4-6
Laurelwood - Lanes 7-9 Eichler - Lanes 14-16
Greenmeadow - Lanes 17-19 Saratoga Woods - Lanes 20-22

There is no diving or jumping in any warm-up areas. A “three-point entry” (keeping your hand on the side of the pool) is required in warm-up areas. Please explain this rule to your swimmers.

National Anthem

Cupertino Hills National Anthem Band
Keibock Lee - Director
Anjali Saxena - Soprano 1
Janice Lipson - Soprano 2
Alvin Lee - Trumpet
Hugo Ensner - Alto Saxophone
Darias Poulkhtcheva - Alto Saxophone
J. J. Ensner - Percussion
Date/Time: Sat, July 20; meet begins at 9:00 AM
Place: Stanford University - Avery Pool

Course: Outdoor, 25-meter pool with bulkhead. 8 lanes short course (25 yard) will be used for competition. Automatic timing systems; touch pads and timing buttons will be set at the standard location. 25-yard events will start at the bulkhead side of the pool and finish at non-bulkhead (“standard”) end of the pool. All relays will start and finish at the standard (non-bulkhead) end of the pool.

Timing: Event timing system will be generated from timing buttons. There will be three timing buttons and one manual stop watch per lane for backup. The electronic touch pads will be in place but turned off.

Check-in: There is no formal swimmer check-in, and no adjustments will be made to headlanes assignments the day of the meet. Each team decides how it wants to conduct check-in, and a table will be provided for you. Meet day entries will not be allowed. Any swimmer who misses an event may be barred from swimming the next event.

Warm-ups: 7:50-8:30"Avery Pool"; 8:30-9:10"Brookside"; 9:10-9:50"Laurelwood";

There will be 3-4 lanes on the non-competitive side of the bulkhead (no blocks) for warm-ups/warm downs during the meet for 11 and older swimmers only.

Baker Pool (available 7:30-8:45 for all teams):
Brookside - Lanes 1-3
Laurelwood - Lanes 7-9
Greenmeadow - Lanes 17-19
Cupertino Hills - Lanes 4-6
Eichler - Lanes 14-16
Saratoga Woods - Lanes 20-22

There is no diving or jumping in any warm-up areas. A "three-point entry" (keeping your hand on the side of the pool) is required in warm-up areas. Please explain this rule to your swimmers.

Events: The same 54 events as in dual meets.

Rules: Swimmers may compete in up to 3 individual events and each team can enter one relay team per relay event. Relay teams must be submitted to the head table by 9 am on day of meet.

Eligibility: Swimmers must have competed in at least two JSSL meets during 2013. Meet entries must be submitted through the team representative by 10:00 AM Sun., July 14.

Head/Lanes: Head/lanes assignments will be available first thing in the morning and will be posted at various locations throughout the center, including the swimmer check-in area. Swimmers need to write their head/lanes assignments on their arms and report to the clerk of the course in plenty of time.

Scoring: Individual and relay points awarded for 1st thru 6th: 9, 7, 5, 3, 2, and 1. Team’s points accumulated (individual and relay events) for team award.

Concessions: Food and drink will be sold by Stanford concessions. Food is not allowed on Deck. Alcohol and smoking are prohibited.

No food or glass allowed in the pool area or locker room area.

Owen Hardee, Cupertino Hills -

Owen joined the Sharks in 2005. A fully-fledged pool rat, he's been the starting water polo goalie at Monte Vista for the last three seasons, and has also played at West Valley. He's off to University of Nevada, Reno, in the fall to study biology. He'd like to thank all his friends and coaches, especially the late great Ron Freeman.

Nick LoGrasso, Cupertino Hills -

Nick has been swimming since the age of 7, and is finishing his 12th season as a Shark. Nick has also enjoyed being a summer lifeguard and Sharks Junior Coach. He graduated from St. Francis High School, where he played as a goalie on the water polo team. This fall, Nick will be attending Santa Clara University to study Business and political science.

Eichler

Claire Hallatt, Eichler -

Claire has been swimming for the Eichler Swim Team since she was six. She has spent 12 summers with the team, and her favorite memories were with Coach Sue. She will be attending Case Western Reserve University in the fall to study nursing.

Jordan Smith, Eichler -

Jordan started swimming for Eichler at age 10. He was so new that he had to practice with the six and under, but he quickly picked up speed. He loves swimming at CHAMPS, even with the infamous Avery bulkhead. He wrestled varsity at Paly for four years. Jordan will attend University of the Pacific this fall to study Sports Pedagogy.

Marco Valente, Eichler -

For Marco, summer begins with the practice meet. Marco began swimming at Eichler in 2004. He loves the Eichler community, his experiences as a Junior Coach, and the overall camaraderie. That, and the joy of breaking old records, have kept him returning every year. This fall he will be attending the University of Waterloo, studying Mechanical Engineering.
GREENMEADOW

Wyatt Eberspacher, Greenmeadow -

Wyatt first swam with the Marlins in 2008. He was on the team for only two years before soccer and track crew him away, but he is still a lifeguard at the Greenmeadow pool. This year, Wyatt returned to the Marlins, and has enjoyed getting his stroke back. Wyatt graduated from Gunn High School, and will attend Cornell University, studying Engineering Physics.

Joshua Steinback, Greenmeadow -

Josh has swum with the Marlins for 13 years. He’s been involved with everything Greenmeadow offers, including CIT, lifeguarding, and teaching swim lessons. He attended Gunn High School, where he played water polo. He plans to continue playing water polo at De Anza. Josh thanks his coaches, his parents, and his dog Yoshi for helping him accomplish what he has at JSSL.

LAURELWOOD

Kristen Buchterkirchen, Laurelwood -

Kristen has been swimming with the Laurelwood Dolphins for 14 years. Kristen graduated from Wilcox High School. Kristen cherishes her years as a Dolphin. Her favorite memories include the Overnighter and spending time with her friends. Kristen thanks her coaches and parents, who have always encouraged her to do her best. Kristen will attend Biola University, majoring in Kinesiology.

Madison Martin, Laurelwood -

Madison started swimming on the Laurelwood Swim Team as a 7/8. She loves being part of the Dolphin family, and is very involved in the club as a lifeguard and swim instructor. When she is not swimming for Laurelwood, she is in the pool playing water polo. Madison is headed to Cal Poly San Luis Obispo this fall.
<table>
<thead>
<tr>
<th>Champs Meet Officials/Head Positions</th>
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<td>Champs Meet Co-Coordinator</td>
<td>Kay LaPlain</td>
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**2013 JSSL Championship Meet**

**Graduating Seniors**

**Sean Pfeifer, Laurelwood**

Sean has been a Laurelwood Dolphin for 13 years. Sean is a graduate of Wilcox High School, where he ran cross country and swam for the Chargers. Sean will most remember the early morning Laurelwood swim team practices, and breakfast at Denny’s with his friends after practice. Sean will attend University of California, San Diego to study Economics.

**Ross Pfeifer, Laurelwood**

Ross has been a Laurelwood Dolphin for 13 years. Ross is a graduate of Wilcox High School. He enjoyed four years of cross country and swimming at Wilcox. Ross’s fondest memories of the Laurelwood swim team are the practices with his friends. Ross will be attending Cal Poly San Luis Obispo in the fall, studying Business Information Systems.

**Eddie Simonin, Laurelwood**

Eddie has swum for Laurelwood since kindergarten. He loves water polo, and played at Wilcox High School, where he was a team captain. Eddie is attending De Anza College, and hopes one day to teach high school and coach water polo. His favorite memory was CHAMPS at Stanford when it was so hot you'd burn your feet when walking barefoot.

**Clare Witzke, Laurelwood**

A graduate of Pinewood School in Los Altos Hills, Claire has been a Laurelwood Dolphin since age 10. This fall, she’ll attend USC as a trustee scholar studying linguistics. Visit her on your way to Disneyland! Favorite Dolphin memories include the overnighter, breakfasts at Denny's, and early morning practices. Big thanks to Coaches Karen and Rich and family. Fight on!

**Saratoga Woods**

**Connor Cable, Saratoga Woods**

Connor has been swimming with Saratoga Woods for 12 years, since the age of 6. He recently graduated from St. Lawrence Academy, where he played hockey. He will attend De Anza College in the fall. His favorite memory is beating the adults in dodgeball at the overnight campout. He would like to thank Coach LaForge for guiding him all these years.
**2013 JSSL Championship Meet**

**Graduating Seniors**

**Cathy Cantoni, Saratoga Woods**

Cathy started swimming at Saratoga Woods at the age of 5, and has been there every summer since. At Archbishop Mitty High School, she swam and played water polo all four years. This fall she is attending Santa Clara University, where she'll study Civil Engineering and play water polo for the Broncos.

**Jenna Pyle, Saratoga Woods**

Jenna has swum for Saratoga Woods since she was 7, and for Mitty High School for four years. She loves the Saratoga Woods community and has a lot of great memories — from swim buddies, campouts, junior guards and movie nights, to being a lifeguard and swim instructor. Jenna will be attending Santa Clara University in the fall, majoring in biology.

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**Safety Notice**

Please remember that Avery Aquatics Center was built with collegiate sports in mind. With large numbers of active and inquisitive kids accompanied by involved parents, we need to keep the following in mind.

- Parents will not be allowed on deck once competition begins unless they are working in a volunteer job. It becomes too hard for the timers and officials to do their jobs and too hard for the swimmers to get to the blocks with parents trying to watch or assist their kids on deck. The fewer people on deck, the more smoothly the meet will run. Parents should discuss this with their younger swimmers so it's not a surprise. (Coaches may want to plan how to orient the younger swimmers to the pool area prior to the start of the meet.)

- Swimming under the bulkhead is strictly prohibited. There is no playing allowed in any of the other pools, the diving area, or with any of the training equipment. Children not following this critical rule can be barred from swimming in the meet.

- The railings on the spectator stands were not designed with small (or even medium sized) children in mind. No one should sit, hang, climb, lean over, etc. on the rails. The same warning applies to the walls and stairwells in the complex.

- Swimmers and their accompanying family members should not be playing with fitness equipment or in pools (or hot tubs). During competition the only pool open to JSSL is the Avery competition pool. Once competition begins, warm-ups will be limited to swimmers 11 and older and will be behind the bulkhead in Avery. There is absolutely no diving or jumping in this warm-up area. A “three point entry” (keeping your hand on the side of the pool) is required in this warm-up area. Please explain this rule to your swimmers in advance. Baker pool will be open to JSSL for warm ups only from 7:30 – 8:45. Marshals may ask children to leave the Championship Meet if they are found playing on equipment or in pool areas that are not part of our meet.

- JSSL swimmers are allowed to use the recreation locker rooms, but note that the locker rooms will be shared with non-JSSL swimmers. Do not leave items unattended in the locker rooms.

- Parents may want to remind their kids not to leave the complex without permission. Multiple gates will remain open throughout the meet.

- Food is not allowed on the pool decks. Eat only in the designated areas. No cans, bottles or glass containers are permitted in the Avery Aquatics Center. Bags and coolers will be checked at the entrance to the Center by Stanford staff.

- No strollers or wagons are permitted and must be left at the designated area by the entrance gate.

- No chairs, tents or shades are allowed on the bleacher walk ways.

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*Congratulations Seniors!*

We will miss you on the decks and wish you the best of luck next year!
Meet Mobile!

Our meet results can be accessed on the Meet Mobile app. During the meets, you can track how the swim meet is going and how your swimmers are doing. Here's how:

- Download the free app Meet Mobile from iTunes or Android store; here is a link [http://www.active.com/mobile/meet-mobile](http://www.active.com/mobile/meet-mobile)
- Search for JSSL Championships and you will find our meet.

Note: We can't guarantee your ability to access this app, but since we were able to get it working in the past, we thought we'd let you know about it and you can give it a try.

### Event Sponsors

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<td>Girls 11-12 50 Yard Backstroke</td>
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<td>Girls 11-12 50 Yard Breaststroke</td>
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### JSSL Schedule of Events and Unofficial Record Sheet

Enter your child's heat/lane number and time in the boxes next to their events.

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July 20, 2013

Dear Swimmers, Families and Friends.

Welcome to the 2013 Junipero Serra Swim League (JSSL) Championship Meet. We are thrilled to be back at Stanford’s Avery Aquatics Center and excited that our kids will have another opportunity to compete at this world-class facility.

Running this Meet requires more than 300 volunteers and countless hours of work from our swim families. From the more visible jobs (such as timers and judges and clerk-of-courses workers) to the “behind-the-scenes” positions (including program production, course set-up), everyone plays a valuable role in supporting Champs. We sincerely thank all our families for their commitment to making Champs a tremendous experience for our kids.

We would like to send our special thanks to the JSSL Board, Shannon Newton, Timothy Edmunds, Jeffrey Kmetec, Lisa Anderson, Kelly Walsh, and Rolf Lund. Together with the Board, we have been planning the Champs Meet since January and they have encouraged us every step of the way. We would also like to thank Rebecca Carpenter, Manager of the Avery Aquatics Center, for her help, and Franz Mortensen and Sergey Marinivuk of FastLane Tek for their expertise with the crucial data services. We appreciate the professional services Stanford and FastLane Tek have given us over the years and we hope to continue working with them. Our thanks also go to Joyce Ray and Annette Cable from Saratoga Woods, who did a fantastic job of running Champs in 2012 and provided both their guidance and knowledge.

Today we are sure to witness some very exciting races and perhaps some new records. We hope all our swimmers have a great time, swim their best and have fun. To our graduating seniors: Happy trails to you.

Sincerely,

Your 2013 JSSL Champs Host Team from Cupertino Hills: Minae Lee, Kay La Plain, Trelawney Pereira, Mark Hamilton, Margaret Sommers, and LeeAnn Constant