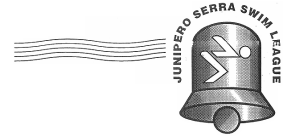


2018 JSSL Championship Meet

July 15, 2018
De Anza College



Meet Sheet

Date/Time/Place: Sunday, July 15, 2018; meet begins at 9:00 am; De Anza College Pool

Course: Outdoor, 25yard pool. 10 lanes short course (25 yard) will be used for competition. Automatic timing system; buttons will be set at both ends of the pool. ALL races will start from the blocks. Flyover starts will be used for 9/10 freestyle and all 11 and up individual events (except backstroke). All relays will start and finish at the blocks. Dives from the blocks and pool edge will be used for all relays.

Timing: Event timing system will be generated from timing buttons. There will be three timing buttons per lane, plus one manual stop watch per lane for backup.

Check-in: There is no formal swimmer check-in, and no adjustments will be made to heat/lane assignments the day of the meet. Meet day entries will not be allowed. Any swimmer who misses an event may be barred from swimming the next event.

Warm-ups: De Anza Competition Pool (available 7:30-8:30 am for all teams):

7:30-8:00 am

Lanes 1-3	Cupertino Hills	Lanes 10-12	Greenmeadow
Lanes 4-6	Laurelwood	Lanes 13-15	Saratoga Woods
Lanes 7-9	Brookside	Lanes 16-18	Eichler

8:00-8:30 am

Lanes 1-3	Greenmeadow	Lanes 10-12	Cupertino Hills
Lanes 4-6	Saratoga Woods	Lanes 13-15	Laurelwood
Lanes 7-9	Eichler	Lanes 16-18	Brookside

There is **no diving or jumping** in any warm-up area. A “three-point entry” (keeping your hand on the side of the pool) is required in warm-up areas. Please explain this rule to your swimmers.

There will be 5 lanes on the non-competitive side of the pool for warm-ups/warm downs during the meet for **11 and older swimmers only**.

The diving pool remains closed the entire day.

Events: The same 54 events as in dual meets.

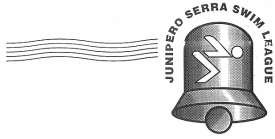
Entry Rules: Swimmers may compete in up to 3 individual events and each team can enter one relay team per relay event. Relay teams including at most 8 eligible swimmers (4 primary and up to 4 alternates) must be **submitted to the head table by 9 am** on the day of the meet. Any changes to the primary swimmers or swim order must be declared to the Head MDM before the beginning of 6U relays. No changes will be permitted thereafter.

Eligibility: Swimmers must have competed in at least two JSSL meets during 2018. Meet entries must be submitted through the team representative by Monday, July 9.

Heat/Lanes: Heat/lane assignments will be available in the meet program and will be posted outside the venue near the entrance.

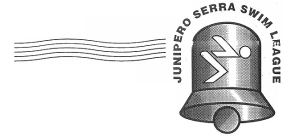
Scoring: Individual and relay points awarded for 1st thru 6th: 9, 7, 5, 3, 2, and 1.
Team’s points accumulated (individual and relay events) for team award.
Individual points for individual events only – awards given to top 2 per age group category. Ribbons are awarded for 1-12 places for individual events, 1-6 places for relay events.

Results: Meet results can be viewed from your phone. Download Meet Mobile and search for “JSSL Championship.”



2018 JSSL Championship Meet

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Meet Schedule

- 6:30 am The facility will be unlocked at 6:30 AM to provide access.
- 7:00 am Meet Coordinators and Volunteer Coordinators meet at Volunteer Check-In ("A" on map). Lisa Guyman will distribute deck passes and vests.
- 7:15 am Morning meetings begin at 7:00am and will run through 8:40am. Please check the map for your volunteer team, meeting location, and time.
- 8:30 am Warm-ups end in Competition Pool. Pool is cleared
- 8:30 am Team Cheers order: *Greenmeadow, Saratoga Woods, Brookside, Cupertino Hills, Laurelwood, Eichler*
- 8:40 am First announcement made for swimmers to start reporting for first events
- 8:40 am Announcement for all volunteers to report to positions
- 8:58 am National Anthem
- 9:00 am Confirm all timers and recorders are in place and ready to go
- 9:00 am Meet Begins